

Troop 160 - Lexington

White Mountains Camping and Hiking Information

October 9 to October 11, 2010

Registration Coordinator: Margaret Stebbins Phone: 781 652-0183 e-mail: Stebbins@rcn.com

Hiking/Camp Coordinator: Bob Foley

Backpacking Coordinator: Will Leavitt

Respond by: Thursday, September 16
Meet: Saturday, Oct. 9th, 7:30 a.m. - St. Brigid's parking lot
Depart: 8:00 a.m. sharp
Return: Monday, Oct. 11th, 3:00 p.m. - St. Brigid's parking lot
Location: Moose Brook State Park, Gorham, NH
Option2: Multi-night backpacking option is available for scouts/adults as well

Meals: **Saturday breakfast - eat before you arrive at St. Brigid's**
Saturday lunch - bring your own bag lunch & trail snacks
Saturday and Sunday dinner - patrol cooking - plan your meal
Sunday and Monday breakfast - troop meals
Sunday lunch - trail lunch provided
Monday lunch - bring money for "fast-food" stop on the way home

Cost: \$25 per scout; plus late fee + \$5 for registrations received after September 16

Bring:	bag lunch for Saturday	plate, bowl, cup
	shoes suitable for hiking	knife, fork, spoon
	warm clothes	day pack (for extra clothes for hike)
	change of clothing	canteen
	raincoat or poncho	warm sleeping bag
	sleeping pad	towel & washcloth
	flashlight	toothbrush, paste, soap

"There's no such thing as bad weather, just bad attitude and inappropriate clothing."

Comments: Hiking in the White Mountains can be rigorous and subject to severe weather changes. The weather can get very cold at night, so "Be Prepared" with warm clothes, at least one change of clothes, a warm sleeping bag and a sleeping pad. Don't bring too much gear. Scouts will be sleeping three to a tent.

Approval: My son _____ has my approval to participate in the White Mountains Trip.

Check off only one option: **Camping / Hiking Option** _____ **Multi-Night Backpacking Option** _____

____ Please check here if your son has any allergies, or will be bringing or using any medications on the trip (including epi pens). On the reverse side of this slip please list the allergies and/or medications.

____ Payment enclosed (**Troop 160** or cash: \$25 on/before 9/16, \$30 after)

____ I will attend and can help with supervision and transportation

I will drive up on _____ drive back on _____ and can transport _____ scouts

signature

date

Deliver to Margaret Stebbins 35 Ledgelawn Ave, Lexington, MA, 02420